

Old Olympics

1. Why was there a change: Today's Olympics are strictly secular (not religious), whilst the Ancient Olympics were steeped (they are completely surrounded by or involved in it, or know a lot about it) in religion. The Ancient Olympics were part of a religious festival to the Greek God, Zeus, whereas the Modern Olympics are a sports competition for athletes from all countries of the world

2. What sports are different: There were fewer events, and only free men who spoke Greek could compete, instead of athletes from any country

3. Where were the ancient Olympic held: Olympia, the modern are held around the world

4. Why were the ancient games started: In honor of the god Zeus



Which games do you prefer and why?: My preferred Olympic game is trampolining, the reason why I chose trampolining is because its a trampoline

5. Why did they start to change: Emperor Theodosius I banned the games in 393 AD in order to promote Christianity

Fun fact

Although the ancient Games were staged in Olympia, Greece, from 776 BC through 393 AD, it took 1503 years for the Olympics to return. The first modern Olympics were held in Athens, Greece, in 1896.